



VISION

HENRY WANYOIKE FOUNDATION

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THERESIA HOUSE OF HOPE-NURSERY SCHOOL



How a dying girl gave hope to poor slum children

“He who opens a school door, closes a prison” Victor Hugo

Theresia House of Hope was established by the Henry Wanyoike Foundation in May 2011 with 20 nursery school children. “We went from door-to-door around the village in Mutego,” says Ann Waithera, the head teacher. “Two days of marketing were enough to attract children to the school.

Henry Wanyoike says that the Foundation decided to start the school after they realised that a lot of children from poor families were missing out on nursery education. The Government of Kenya had introduced free and compulsory education way back in 2002, but then nursery education was not part of the package. Nursery schools, including public-owned were charging fees that were out of reach for many poor families.

Today Theresia House of Hope has 50 children in the three pre-primary school classes.



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Henry Wanyoike Foundation is a registered organization named after and by Henry Wanyoike the visually impaired (blind) athlete. The foundation was registered on 27th May 2005 through the Attorney General's office (Societies Act). Wanyoike is the world record holder of 5,000 and 10,000 meters in Paralympics of Athens – Greece and Australia Olympics among other International marathons.

Our Vision

Empowered and integrated society which can fully sustain itself in all aspects of life.

Mission

To empower and build community capacities socially, physically, economically, emotionally and spiritually

Motto

“Beyond our Vision”

Our core values

The core values upheld at HWF are:

◆ **Accountability**

We seek to be responsible and transparent with all resources accorded to us.

◆ **Participation**

We strive to promote community participation in all our programs thus enhancing ownership

◆ **Empowerment**

It is our duty to empower the community to ensure skills transfer, community development and knowledge management.

◆ **Community service**

We seek to promote community service through volunteerism

Objectives

- To empower the less fortunate in the community through socio economic empowerment programs
- To promote, advocate and protect the rights of people with disability, youth and children.
- To promote and support sports among the children, youth and community at large.
- To counsel and encourage all people to face life positively through motivational talks.
- To promote environmental protection and healthy lifestyle.
- To promote community service through volunteerism amongst the youth.
- To enhance knowledge management through documentation and research.
- To forge strategic partnerships with like minded organizations, individuals, churches and corporate bodies

Target Group

- ⇒ Orphans and vulnerable children
- ⇒ Youth
- ⇒ Persons with disabilities.
- ⇒ Elderly (senior citizens)

Strategic Programs

1. Education

- * Scholarship & bursaries.
- * Early childhood education
- * Motivational talks

2. Disability

- * Education
- * Mobility aids
- * Civic education
- * Social security

3. Sports, Health & Environment

- * Hope for the future run
- * Sporting aids and tournaments
- * Tree planting & conservation
- * Lifestyle awareness/ medical camps

4. Community service

- * Volunteerism.
- * Mentorship

Key departments

- ◇ Programs development
- ◇ Networking and partnerships
- ◇ Fundraising and events

“I have lost my sight but I have not lost my vision” - Henry Wanyoike

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"We charge a modest fee of sh300 (approx. 4 USD) per child per month," explains Teacher Waithera. "Still, there are poor parents who cannot afford that. After assessing their financial we waive the fees for them and let them learn for free."

At the school the children are offered nutritious porridge at break time. "This porridge is quite helpful to the children as some of them have nothing to feed on back at home," she "We also believe that the children cannot concentrate on their studies on an empty stomach." The porridge also serves the extra purpose of retaining the children at school as they look forward to taking it at school.

Running of the school, which includes learning materials and salaries for the two teachers and the cook comes through generous donations to the Henry Wanyoike Foundation.

Wanyoike explains that he named the school Theresia after Theresia Brandtner, a German girl, who after learning what the Foundation was doing for disadvantaged children decided to donate all her savings – 10,000 Euros – to the school. "Theresia was suffering from a terminal disease and she died shortly after," says Wanyoike. "We decided to honour her memory by naming the school after her."



Left: Theresia Mother: Kathrin Brandtner middle: Theresia Brandtner right: Henry Wanyoike The picture was taken in September 2006.

Theresia died on 23rd of March 2007 due to **Cystic fibrosis** (also known as **CF** or **mucoviscidosis**) is an autosomal recessive genetic disorder that affects most critically the lungs, and also the pancreas, liver, and intestine.

It is characterised by abnormal transport of chloride and sodium across an epithelium, leading to thick, viscous secretions.^[1] The name *cystic fibrosis* refers to the characteristic scarring (fibrosis) and cyst formation within the pancreas. Difficulty breathing is the most serious symptom and results from frequent lung infections that are treated with antibiotics and other medications. Other symptoms, including sinus infections, poor growth, and infertility affect other parts of the body.

My son is in school thanks to Wanyoike

55-year-old Daniel Kimani is a man who has gone through enough trouble in his lifetime. In 1992 he was living in Enosupukia in Kenya's Rift Valley Province when politically instigated ethnic clashes broke out. The violence displaced him and his family and he came to settle in Mutego village of Kikuyu Division, where his last born son Samuel Maina was born in 1997.

When Maina reached school going age no nursery school would allow him to sit the pre-Standard One exam. "By this time my wife had heard that Henry Wanyoike had established a nursery school for the needy children called Goodwill," explains Kimani. "She approached Wanyoike and he intervened to



let our son sit the exam at Goodwill."

The boy passed and proceeded to Standard One at Kanjeru Primary School.

Since that time Kimani's family became friends with Wanyoike.

"Wanyoike used to visit our family and would bring with him shopping for our household needs. Whenever

we had a financial problem he would sort us out," he explains.

After his KCPE in 2011 Maina performed well and is now a Form Two student at Rungiri Secondary School. Kimani, who fetches water and delivers it people's houses in Kikuyu Town, says that the Henry Wanyoike Foundation adopted Maina and agreed to pay his school fees.

Gideon Gachara the director of HWF says that Maina is a bright student. "We monitor his performance in school as he always brings report card to our offices at the end of the term," he says. "He is an A student. If he maintains this trend he will be successful later in life."

Education is the most powerful weapon which you can use to change the

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EDUCATION *An investment in knowledge pays the best interest. Benjamin Franklin*

I can now realise my dream of being a journalist

When Fabian Wafula sat his KCPE exam in 2011 and scored 329 marks he felt like he had come to the end of the road for his poor parents could not afford to pay school fees for his secondary school studies.

Although he loved reading he could not do it in a formal environment and therefore would not achieve his dream of becoming a journalist. "I had no option other than to do odd jobs at people's homes to contribute to the little my father made in his job as a mason," explains Wafula, who is now almost 18.

All this while, he never gave up his dream of attaining education, and he made sure of telling anyone who cared to listen of his dream. A neighbour who saw his determination and who knew of HWF's



Fabian Wafula (with red clipboard) with his friends after doing their KCPE in 2011

activities referred him to Gachara. "After they interviewed me they told me to go back

home and await their response," says Wafula. Meanwhile Gachara mobilised support on Facebook and raised enough money to pay for Wafula's education. Wafula was then asked to get a suitable school and was lucky to be admitted to Kanyariri High School in second term.

"To catch up with what my colleagues learnt in first term I have to borrow their books and put in extra work at night," he says adding that the only way he would show his appreciation to the Foundation is posting good results in his exams.

That way, he says, he will be able to achieve his dream of becoming a journalist and emulating Julie Gichuru formerly of Citizen TV.

HWF to the rescue of needy but bright girl



Joseph Kiroge Kamau was at a loss when his daughter Moureen Njeri scored an impressive 364 marks in the 2011 Kenya Certificate of Primary Education (KCPE) exam. She had been admitted to Kijabe Girls High School but the father of three, who relies on menial jobs to make ends meet, could not raise the money required to take his daughter to school.

Luckily for him the headmistress of Nguriunditu Primary School where his daughter sat her examination, had heard of the Henry Wanyoike Foundation (HWF)

and referred Kiroge to there.

"When we came to HWF we sat through an interview panel that established that my daughter was a needy case," he says. "She was given a four year scholarship which includes tuition fees plus shopping." The scholarship will cover the entire duration Njeri will be in secondary school.

Kiroge, 49, is confident that his daughter will perform well in the Kenya Certificate of Secondary Examination (KCSE). "I lack words to express my gratitude for the Foundation. My daughter says that if she gets a good job after her studies she will donate a part of income so that it can help other needy people," he says.

Disability

Denis Ngure is the co-ordinator of the Kikuyu District Disability Network, which has been in existence for the last three years. His job as a co-ordinator is to link other groups of disabled people in the area and to ensure that they are more focused in their activities of uplifting the standards of members.

The network draws their greatest inspiration from Henry Wanyoike, who in spite of getting blinded at the mature age of 21 went on to conquer all odds and be an Olympic and World Champion in long distance races.

“The Henry Wanyoike Foundation are our main donors,” explains Ngure. “Wanyoike is the one who encouraged us to form the network.”

Through Wanyoike’s guidance, the Kikuyu District Disability Network has been able to uplift the standards of individual members. They are also able to educate the larger society on

disability issues and to make them accept disabled people as people with equal rights.

“The foundation also enables us mark the World Disabled Day, where we come together as disabled people to share experiences with each other and to educate members of our community on our rights,” explains Ngure who was diagnosed with rheumatic arthritis at the age of 5.

On this day disabled people get a chance of exhibiting their various talents and achievements to the other members of the society.

Ngure however say that there is members need to be empowered when it comes to

advocating their issues. They are however proud that Wanyoike was recently nominated to be a member of the Kiambu County Assembly where he will be representing disability issues. “With Wanyoike at the County Assembly we are assured that he will ably fight for our rights, after all he has been doing it even where he was not a member of the County Assembly.”



Strategic Partnerships

HILDE BACK EDUCATION FUND



2011 lucky beneficiaries for secondary education scholarships together with their parents

Hilde Back Education Fund, (HBEF) is a Kenyan charitable organization that assists children from poor families’ complete secondary school education in Kenya.

HBEF’S focus is promotion of education as a fundamental human right. The Fund seeks to give support to bright but needy children through award of academic scholarships; regardless of religion, race, ethnicity, or gender. Today, the Fund supports 200 beneficiaries who are enrolled in different schools across the nation. Hilde Back Education Fund has patnered with Henry Wanyoike Foundation to award scholarships to the needy and deserving children in Kikuyu District since 2011. We have so far given smiles to 12 beneficiaries and we do hope in future we will increase the number as we reach out to the very needy in society.

HARLEY’S LIMITED (DEEP HEAT)



Kakali Marketing Manager and his colleague Mr. Githaiga giving a donation to Henry Wanyoike

Harley’s Limited is a company registered in 1953. The company was initially a purely Pharmaceuticals chemist based in Kisumu. Since its acquisition in 1975 and steady growth from 1983, the company market has been growing each and every day. Today it covers the whole of Kenya supplying pharmaceuticals, surgical, medical equipments and hospital furniture's.

Harley's company through its known product “Deep Heat”, it has partnered with Henry Wanyoike Foundation as part of CSR to support Henry Wanyoike Foundation Initiatives since 2011.

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- 183. Friendship Circle-Germany
- 184. Light of the World
- 185. Crown ways Institute

Thank you to our esteemed sponsors for your contributions in kind and in cash

Secondary Education Scholarships beneficiaries 2012/2013 a program run by Henry Wanyoike Foundation in conjunction with Hilde Back Education Fund



Faith Muthoni with Headteacher Mr. Muchemi Kahuhu Primary School. Currently at Kagwe Girls Sec.



Johnathan Githiga former pupil at Utafiti Pri. School. Currently at Kiambu High School



John Njenga former pupil at King'eero Pri. School. Currently at Kahuhu Uhuru High



Hannah Wanja former pupil Nyathuna Primary School. Currently Mugoiri Girls High school



Elizabeth Wambui former Pupil Gathiga Pri. School. Currently Moi Girls Kamangu



Grace Muthoni former Pupil Nduraru Pri. School. Currently Moi Girls Kamangu



Getrude Njeri former pupil Kikuyu Township Pri. School. Currently in Kabare Girls High School



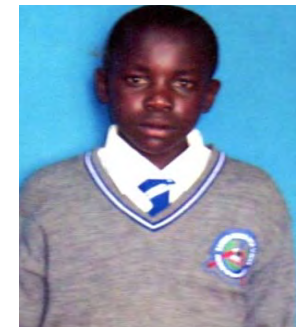
Annet Gaciku former pupil of Gathiru Primary School currently in Mugoiri Girls School



Prince John Ouma former pupil at Serene Cottage School currently in Litein High



Michael Mutugi former pupil at Gataara Primary School currently at Kang'aru High School



Eliud Mbugua former pupil at Gathiru Primary School currently at Kahuhu Uhuru Secondary School.



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Kanda Kid relay's standee entertaining the crowd



Harleys limited Managing director giving a donation



CMB regional office staff during the eye check up



Japan Ambassador during 2012 Run

